

How to Care for a Bleeding Heart Plant

Lamprocapnos spectabilis (aka Dicentra spectabilis)

SELECT SITE:

Light Requirements: Full Shade (more than 6 hrs/day) or Part Shade (4-6 hrs/day).

This perennial will grow larger; space 30 in. away from other plants and/or structures.

Thrives in average, consistently moist, organically rich soil; soil must not be too wet or too dry.

Garden Uses: Best for the shaded garden or woodland area. Because this plant begins dormancy in mid-summer, it is suggested to plant this perennial amongst other perennials that will fill the void space.

Ideal USDA Plant Hardiness Zones: 3,4,5,6,7,8,9

PLANT PREP:

Open box upon arrival, remove packing materials to let the plant “breathe”. Remove plastic bag, tape, and newspaper. Water well. There are drainage holes in the bottom of the pot so do this outside where the extra water will drain away.

HOLE PREP:

Dig saucer shaped hole. The depth is determined by measuring the height of the roots from root flare to bottom. The width is 2-3 times the root ball diameter. Using these calculations, the ideal hole for the new bush will be approximately 10” tall by 24” wide.

PLANTING:

Put garden soil in a wheelbarrow or on a tarp. Mix the garden soil with equal amounts of mulch, peat moss, and potting soil. Place plant in hole and adjust for aesthetics. Hold in place while adding more soil, until the hole is completely filled. Push soil down until firm. Do not plant the shrub deeper than it has already been growing. Water well immediately after planting. Mulch evenly to a depth of 2-3 inches being sure to stay at least 4” away from its trunk.

FUTURE MAINTENANCE:

If desired, fertilize in spring when new growth begins. Apply 2 tbsp. of an all-purpose slow release fertilizer upon the ground in a band around the plant at least 6” away from its stems.